

# CULTURE, KNOWLEDGE AND COMMUNITY: INTERNATIONAL MEETING OF LIBRARIES

## Good practices workshop

### 1. Entity data

<ul style="list-style-type: none"><li>Library name: Zahariy Knyazheski Regional Library</li></ul>
<ul style="list-style-type: none"><li>Full address: Bulgaria, 6000 Stara Zagora, 44 Ruski Blvd.</li></ul>
<ul style="list-style-type: none"><li>Territorial sector, thematic area and population: Region Stara Zagora, Public Library, Population about 300 000 people</li></ul>
<ul style="list-style-type: none"><li>Name of the responsible person and position: Nadezhda Grueva, Director</li></ul>
<ul style="list-style-type: none"><li>Contact details of the person responsible. Email, phone and web: <a href="mailto:lib@libsz.org">lib@libsz.org</a>, +359 42 648 131, <a href="https://www.libsz.org/">https://www.libsz.org/</a></li></ul>

### 2. Type of presentation

<ul style="list-style-type: none"><li>Oral presentation (mark with an X)</li></ul>
<ul style="list-style-type: none"><li>Digital presentation (mark with an X) <b>X</b></li></ul>

### 3. Good practices project

<ul style="list-style-type: none"><li>Title of the project Circle of Emotions</li></ul>
<ul style="list-style-type: none"><li>General description (300 words) The project aims to make a positive influence on children's lives during reading, developing emotional intelligence. The accent is on the emotions joy, surprise, sadness, anger and fear. Love is included as a sixth emotion, because it plays a key role in lots of books. In this way it is easier to choose exactly this book that the reader needs in this particular moment. During the time of the project were educated story therapy consultants as well as a methodology for helping children through the techniques of story therapy. The most important – The Circle of Emotions was created – a book-shelf, made of different colors for the different emotions, as well as with a circle, which can be turned in order to choose an emotion. During the time of the project were realized over 30 events with children in the library. The participants were over 900 aged 6 to 14 years old.</li></ul>

As a result of the project we have a space in the library with the Circle of Emotions, 17 educated story therapy consultants and a lot of new readers and book lovers in early age. A brand new section in the library web site was also created, showing information and photos from the project.

New education form in Bulgarian Library Association was included in the permanent program – Story Therapy for librarians.

- Recipients

The target group of the project are children between the age of 6 to 14 years.

- Location and coverage (neighbourhood, district, city, town, country)

The project took place at the Regional Library in the town of Stara Zagora, which is located in the town centre.

- Activities and tasks

Events with groups of children

The tasks were:

- developing emotional intelligence among children, through story reading and understanding;
- creating the Circle of Emotions;
- educating story therapy consultants;
- creating the methodology of story telling.

- Resources (human, material, infrastructure, economic)

For executing the project was included a team of 9 people – psychologists, librarians, artists, volunteers;

The expenses were about 15 000 BGN;

We used the library's premises to fulfil the events and education during the project.

- Scope (check 1 of the following 3)

Sustainability

**Reading**

Democracy

- Insert QR (with the Web and links to videos or photos)

